

THE CHIMES

Trinity Episcopal Church
815 N. Grant St.
Bay City, Michigan 48708

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Greetings Dear Ones,

I hope you are holding up well during this ever-changing landscape in which we live. With so many unknowns it can be a challenge to find our bearings, peace and calm.

This reminds me of the time the disciples were on the Sea of Galilee when a storm came up and waves were overtaking the boat while Jesus slept soundly beneath. They woke him up, terrified that they were dying. "And he said to them, "Why are you afraid, you of little faith?" Then he got up and rebuked the winds and the sea; and there was a dead calm." (See Matthew 8:23-27.)

We are in our own windstorm of uncertainty with COVID-19. Everything is changing, and when we watch or listen to news channels, there are a lot of high alerts to sort through. Several people in our congregation are on the front lines and exposed to the virus. We haven't been able to be together for a few weeks and our building is closed until May 10. Our governor has directed us to stay home while every day more people are identified as being infected, and our hospitals and ICUs are getting fuller.

It's easy to get sucked into the *possibilities* of unknown scenarios which lead to anxiety. When we get caught up in what could happen in the future (the things over which we have no control), we can become filled with an anxiety that won't go away. There's no rationalizing what may or may not happen in the future. There is, however, a difference between anxiety and fear.

Fear is about *probabilities* and the choices we can make. Being scared about the present is something over which we do have control. Just like the disciples in the boat, we can go to Jesus, saying, "Lord, save us!" Maybe it feels to you like Jesus is sleeping soundly unaffected by the winds of change and uncertainty.

Jesus is the one who has the power to calm our fears. He's in this boat with us. He's in the boat with you in whatever situation you find yourself.

It is important for us to remember the things over which we *do* have control and focus on that. Some things to help with this include creating a daily schedule. Take care of your body and soul each day: sleep 7½ hours, eat three healthy meals, say your prayers and read the Bible, get some exercise, keep in touch with those whom you love or haven't seen in a while and those you would typically see. When you think of someone, give them a call. As you go through each day, look through our directory and make a call. Touch base with our home parishioners and those who live alone. If you are feeling frightened or anxious, reach out so we can be Christ to you.

A quote from the saint Julian of Norwich comes to mind. Julian lived through the bubonic plague pandemic (1348-1350 AD), and at the age of 30 in 1373, she suffered a great illness that nearly took her life. After her recovery she wrote three versions of her experiences which included the following quote: "All shall be well, and all shall be well and all manner of thing shall be well."

We do not know what the future holds in terms of pandemic of our day, but we do know that we belong to Christ, that he is with us, and that in his perfect love all fear is cast out. You are loved and adored beyond measure by the One who created you and all shall be well.

In Christ's love, *Rev. Sue*

THANK YOUs

Our **Sunday School** who sponsored a Movie Night on February 18. Over 20 people watched *Inside Out* and had a great time eating pizza and popcorn, too.

Trinity's **Vestry** for stepping up during this time of COVID-19 to make sure we stay connected.

WORSHIP ONLINE

Online worship is available during this time of physical distancing. Rev. Sue is leading Morning Prayer on our Facebook page live on Sundays at 10:00am and Wednesdays at 11:30am. She is also leading An Order of Compline each night at 9:00pm, this is a lovely service to help ready one's self for restful sleep. Once each livestream worship is completed it is saved to our Facebook page for you to view at any time! If you are on Facebook, hopefully you have liked Trinity's page.

We now have a YouTube account! Access our online worship services on our website. Once on YouTube click 'Subscribe' to easily find Trinity's account. To check out the Sunday readings ahead of time, go to www.lectionarypage.net.

Additional worship enhancements are being researched. One option could include bringing in individuals from various locations to participate in doing the readings and leading prayers. Another option is to provide music. We will keep you posted as things progress! Rev. Sue is also working to provide meaningful livestreamed Holy Week services. Times and dates are listed below. Resources available to enhance worship on these days will be sent out to you via email or USPS.



HOLY WEEK SERVICES

Palm Sunday, April 5 – 10:00 am

Maundy Thursday, April 9 at 7:00 pm

Good Friday, April 10 at 12:00 noon

Easter Sunday, April 12 at 10:00 am

WORSHIP COMMITTEE

As a result of our building closure we were unable to have our high church worship experience. Once we are back up and running the Worship Committee will gather to decide the best course of action for our monthly special services.

FOOD OF FAITH will begin serving meals again once our building is open.

Our **EMERGENCY FOOD PANTRY** and **PERSONAL NEEDS CLOSET** will also begin serving again once our building is open.

YOUTH/TEEN FAITH ALIVE has been postponed. Another weekend will be scheduled as soon as we are able.

CONTRIBUTIONS, BILLS, AND TRINITY'S MAIL

Many of you have been concerned about keeping Trinity afloat and how you can get your regular financial contributions to Trinity. The simplest way is to mail a check to Trinity Episcopal Church, 815 N. Grant Street, Bay City, MI 48708. The mail is being checked, and a deposit is being made, once a week, and our bills are being paid in good order. The Vestry, with the aid of the Finance Committee, is exploring options for additional ways for Trinity to receive your contributions including online giving. A letter will soon be going out with more information.

Trinity Church
Her People, Her Building
Then and Now

The Stations of the Cross

Also known as the "Way of the Cross", the Stations of the Cross are a devotion that centers on 14 chosen representations of the sufferings of Christ on His way to Calvary. The devotion originated as a pious imitation of the pilgrims who traveled to Jerusalem to visit the places hallowed by Christ's sufferings.

St. Jerome and other early Christian writers have attested to pilgrimages to the holy places in the early centuries of Christianity. The first set of stations was erected in the 5th century at the Church of San Stefano in Bologna, northern Italy. By the 12th and 13th centuries widespread devotion to the Passion of Christ was promoted by many veterans of the Crusades who erected tableaux at home representing various places they had visited in the Holy Land. Later, in 1342, when the Franciscans took over custody of the holy places, they saw it as part of their mission to promote devotion to these places and to the Passion of Christ. As the practice became more common, this found expression in devotion to the Stations of the Cross in monasteries, friary chapels, and eventually spread to parish churches.

Originally, there was a considerable variety with regard to the number and titles of the stations. William Wey, an English pilgrim to the Holy Land in 1458 and 1462, testified that the number varied in many places. He was also the first to use the designation "station" (stop, standing, halt) in connection with the devotion. The number of stations has varied from five to 30, and even more. The exact number of 14 was not fixed until well into the 18th century. Eight stations are based on the gospels and six others are based on inferences from the gospel accounts or from other sources.

The 14 stations recount Christ's crucifixion from His condemnation by Pilate to His entombment and are usually mounted on the nave walls. Though they may be done at any time, the stations are most commonly done during the season of Lent, especially on Good Friday and on Friday evenings during Lent. Before each station appropriate prayers are said and a verse from the Stabat Mater is sung or recited as the participants move from one station to the next. The devotion may be carried out either by one person alone, or by a group, in which case the group is usually led by a priest.

Though found mainly in Roman Catholic churches, the Stations of the Cross also grace the nave walls in a growing number of Episcopal /Anglican churches and a few Lutheran churches. The stations found their way into The Episcopal Church in the mid-19th century in the Anglo-Catholic revival and Oxford Movement.

Today, in some communities, Christians of various denominations make a 'pilgrimage' in their city or town and stop to pray at various places where crime, death, or violence has occurred, showing how Christ is crucified again in a different way when His creation suffers.

Whether we make the Stations of the Cross by praying them in personal, private prayer, or by observing them in a group during Lent, may we remember the suffering, pain and death that Christ endured for us and for all the world. The stations leading to His death are the stations that lead us to life here, and to life eternal.



“Is it nothing to you, all you who pass by”
Lamentations 1:12

The Crucifixion of Our Lord, Twelfth Station
Trinity Sunday School Chapel

Faithfully submitted by the Historical Guild



Birthdays

Janet Hool
Elizabeth Moulthrop
Cecilia Keeler
Susan (Iannacchione) Adams
Phyllis Capp
Robert Sabourin

Amy Salazar
Ellie Hartley
Donald Middleton
Cathy Rex
Ashley Suchodolski
Thomas Anderson
Amy Denay
Terry O’Hare
Emilee Sabourin
Joyce MacGregor
James Hoyle
Maureen Leibrand
Steven Anderson

Anniversaries

Bruce and Cindy Sherbeck

GETTING TO KNOW YOUR VESTRY! For the next few months we will feature a biography of your vestry members. Enjoy!

Archie William Duncan

Archie is 79 years old and was born in Kentucky. Was married to Phyllis for 59 years, prior to her death in February 2018. Proud father of two sons and one daughter and Grampa to six grandchildren and two great-grandchildren. (Actually, all of them are great).

Archie worked as a Terminal Manager at a truck line in Nashville, Tennessee prior to beginning a 36-year newspaper career at the Chicago Sun Times, Evansville Indiana Courier and Booth Newspapers in Michigan. Worked at The Flint Journal, Saginaw News and Bay City Times as a production worker, salesperson, Sales Manager, Advertising Director and Sales and Marking Director. Retired December 31, 2001 and moved to The Villages, in Florida. Returned to Michigan and moved to Cortland Farms in Bay City, February, 2018.

He served as Secretary-Treasurer of Evansville (Indiana) Typographical Union, President of Communications Family Credit Union in Flint, Junior Achievement Director, Jaycees, Saginaw and Bay City Chambers of Commerce Director,

Bay City Downtown Management Board,
Treasurer of Bay City Yacht Club and Financial
Director of Bay City Fireworks Festival.

Phyllis and Archie attended several Baptist, Pentecostal, Nazarene, Lutheran and Catholic churches before joining St. Paul's Episcopal Church in Evansville, Indiana in 1968. Served as a Lay Eucharistic Minister for over 30 years. Served on Vestries and as Senior Warden in Swartz Creek, Saginaw and at Trinity. Member of St. George Episcopal (Florida) Brotherhood of St. Andrew and Co-Convener of The Order of St. Luke. Currently was named by Rev. Sue to fill a vacancy on the Vestry. Accepted the Senior Warden position when Ken retired for health reasons and again for 2020. Rev. Sue and Archie wish to begin a healing ministry at Trinity and organize an Order of St. Luke (OSL) chapter.

Archie is glad to return to Trinity and be closer to his children, grandchildren and friends.

Dawn Brady

Dawn received her bachelor's degree from Albion College in English. She earned her teaching certificate for both secondary English and Emotionally Impaired adolescents. While working full time, she completed her M.A. in Learning and Behavior Disorders at Saginaw Valley State University. With over 25 years in the classroom, she has specialized in comprehensive inclusion teaching. Dawn has been with Midland Public Schools since 2000 and is presently the lead English Teacher at H. H. Dow High School.

Dawn is a ten year member of the National Society Daughters of the American Revolution and is past regent of the Anne Frisby Fitzhugh-Saginaw Chapter.

Dawn is married to her husband Sean, and they have two children, Madden and Moria. Madden is a senior at H.H. Dow High School and Moria is a freshman at H. H. Dow High School.

Dawn is a fifth-generation member of Trinity Episcopal Church. She was baptized, confirmed and married at Trinity. She and Sean even renewed their vows on their fifth anniversary at Trinity as well. Dawn enjoyed being in the Trinity youth group and children's bell choir when she was younger. She has happily tried to extend that joy serving as a Sunday School teacher for over 10 years.

Amy Salazar

Amy is on her second of three years of her second term, making it 6 years on the vestry. During that time, she, along with her husband Rob, have raised 4 children: Isabella, Corinne, Morgan & Bobby. This family is a busy one that enjoys spending their free time in the outdoors.

Although Amy has her Bachelor's Degree, being a stay at home Mom has been her main focus. Sick days, snow days, field trips...she wanted to enjoy those with her kids. In recent years, around the kids' schedule, she has worked part time with Bay City Public Schools.

Amy is a cradle Episcopalian and has attended Trinity since a young child. Rob attended many churches growing up, but has never felt part of a church family until now, where he has discovered his spiritual side at Trinity. Rob and Amy have enjoyed watching their children grow up within the walls of Trinity Episcopal Church.

Mindset Shift During a Pandemic

I'm stuck at home.	→	I get to be SAFE in my home and spend time with my family.
I'm going to get sick.	→	I will self-isolate and wash my hands, this will significantly DECREASE my chances of getting sick.
I will run out of items at home during self-isolation.	→	I have prepared for this and I will use my items wisely. I have everything I NEED for now.
Everything is shutting down, I'm panicking.	→	The most IMPORTANT places such as medical centers, pharmacies and grocery stores remain open.
There is too much uncertainty right now.	→	While I can't control the situation around me, I CAN control my actions. Doing breath work, calling loved ones, getting enough sleep and proper nutrition, prayer, and doing activities I love at home will all help during this time.



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